



ELEGANT BEAUTY

BEAUTY &
COMPLEMENTARY THERAPIES

TREATMENTS & PRICES



Hand Treatments

File & Polish (add £3.50 for polish to take away) (30 mins)	£10.00
Jessica Express Manicure (incl. polish to take away) (45 mins) Includes file, cuticle tidy and colour of choice to take away	£20.00
Jessica Prescriptive Manicure (incl. polish to take away) (1hr) Includes file, cuticle tidy, exfoliation, hand massage and colour of your choice applied.	£23.00
Jessica French Manicure (does not incl. polish to take away) (1hr) For a natural look to fingers or toes.	£22.00
Jessica Deluxe Manicure (incl. polish to take away) (1hr 10 mins) Includes file, cuticle tidy, exfoliation, hand and arm massage, mask treatment and polish of your choice.	£28.00

Foot Treatments

File & Polish (add £3.50 for polish to take away) (30 mins)*	£10.00
Jessica Zen Spa Express Pedicure (incl. polish to take away) (45 mins)* Includes file, cuticle tidy, exfoliation, polish of your choice applied.	£21.00
Jessica Zen Spa Prescriptive Pedicure (incl. polish to take away) (1hr)* Includes file, cuticle tidy, exfoliation, relaxing foot massage, polish of your choice applied.	£24.00
Jessica Zen Spa Deluxe Pedicure (incl. polish to take away)* Includes file, cuticle tidy, exfoliation, relaxing foot and leg massage, mask treatment, polish applied. *Please bring flip-flops.	£30.00

Nail Extensions

Full set of Acrylic Extensions	£35.00	Infills	£20.00
Full set of Gel Extensions	£35.00	Soak-off and tidy	£15.00
Rebalance (gel and acrylic)	£25.00	Nail repair	£3.50

Make-Up - Jane Iredale Mineral Make-Up

Make-up Lesson	£20.00
Mini Facial & Make-up	£20.00
For those special occasions, weddings, graduations, parties. Bridal Make-up (Includes a trial session) Look your best for your Special Day! (Bridal packages also available on request)	£40.00

Eyes

Eyebrow Wax	£6.00	Eyeshadow Tint, Eyebrow	
Eyeshadow Tint	£9.50	Tint & Shape	£18.00
Eyebrow Tint	£5.00	Eyeshadow Perming	£22.00
Eyeshadow & Eyebrow Tint	£12.50	A tint test must be carried out prior to tinting.	

PhD Waxing

This original tube application system is the safest, most hygienic waxing system.

Full Leg Wax	£20.00	Eyebrow Wax	£ 6.00
Full Leg & Bikini Wax	£26.00	Lip or Chin Wax	£ 5.00
¾ Leg Wax	£16.00	Lip & Chin Wax	£ 8.00
½ Leg Wax	£14.00	Back Wax	£16.00
Bikini Line Wax	£ 8.00	Chest Wax	£15.00
Underarm Wax	£ 8.00		

St Tropez Tanning

St Tropez Full Body	£25.00	St Tropez Half Body	£20.00
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Swedish Body Massage

A relaxing but stimulating massage. Helps to reduce tense muscle fibres and the removal of toxins from the body.

Full Body (1hr)	£33.00	Back, Neck & Shoulders (30mins)	£23.00
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Reflexology (1 hr) £30.00

Concentrates on pressure points of the feet corresponding to different zones of the body. Areas are worked on to relieve stress and induce relaxation to bring the body back to its natural balance.

Aromatherapy

A relaxing massage incorporating specially selected essential oils for the clients needs for a total sense of wellbeing.

Full Body Massage (1hr)	£33.00
Back, Neck & Shoulders (30 mins)	£23.00

Sea & Senses Marine Hot Stone Massage – 1 hr 15 mins

An absolute invitation to deep relaxation. This massage technique evokes a floating sensation and is carried out with volcanic and marine stones for a holistic approach using deep circular movements.

£45.00

Sea & Senses Marine Hot Stone back, Neck & Shoulder Massage

£27.00

Indian Head Massage Indian Head Massage is a truly relaxing, soothing massage of the back, neck, face and scalp. Regular treatment will relieve stress, tension and headaches producing a feeling of peace and tranquility. £23.00

Hopi Ear Candling A thermal auricular therapy which can help relieve conditions such as sinusitis, rhinitis, tinnitus, glue ear, migraines, headaches or throat, nose and ear problems. £22.00

Hot Lava Shell Relax Full Body Massage (1hr) An indulgent and truly pampering relaxation treatment using heated Tiger Clam Shells. The smooth shells are expertly glided over the body with varying pressures, techniques and precision tailored to meet individual needs. Hydrating oils are used to moisturise the skin and the warmth of the shells help to revitalise and rebalance the body and mind. £45.00

Hot Lava Shell Back Treatment (30 mins) For an intensive back, neck and shoulder treatment this deep tissue massage uses heated lava shells to achieve a firm deep pressure and treat deep rooted muscle problems. The radiating heat from the shells releases tension and leaves you feeling instantly stress free and rejuvenated. £27.00

Hot Lava Shell Tummy Treatment (15 mins) The natural colonic treatment ideal for IBS sufferers and bloating. Heated lava shells are used to massage the abdominal area and improve functioning of the digestive system. The soothing heat and gentle massage stimulates the body's natural systems to effectively eliminate toxins and reduce bloating. You will feel rejuvenated and with the added benefit of a flatter tummy which lasts for days. £15.00

Packages Wedding - Incl. ½ leg, underarm, bikini wax, eyelash tint, manicure, trial make-up & make-up on day. £90.00
Holiday - Includes ½ leg, underarm, bikini, eyebrow wax, eyelash tint, toe tidy and polish. £45.00
Top To Toe - Relaxing facial, Back, Neck, Shoulder Massage, Pedicure £75.00

Specialised Treatments

Massage and Relaxation treatments available specifically designed for people living with cancer.

Full Body Massage	£33.00	Hand & Arm Massage	£15.00
Back, Neck & Shoulder Massage	£23.00	Leg & Foot Massage	£15.00

Mens Range

Most of our treatments are unisex but here are a few specifically designed for men.

Back Wax	£15.00	Chest Wax	£15.00
Mono-Brow	£4.00		

Massage

Swedish – Back, Neck, Shoulders	£23.00	Indian Head Massage	£23.00
Hot Stone – Back, Neck, Shoulders	£27.00		

Thalgo Body Treatments As specialists of Marine Spa therapies, Thalgo harness all the riches of the sea oligo elements, proteins, amino-acids, minerals and vitamins for all slimming, firming, detox and relaxations concerns and needs. We recommend the body treatments to be taken as courses of 6-12 sessions for maximum results.

Micronized Marine Algae Back Treatment – 1 hr The original marine algae, rich in minerals, vitamins and micro nutrients. This treatment includes back exfoliation, back massage and Marine Algae mask to smooth and decongest skin. Great for oily, blemished skin. £30.00

Toning Body Wrap – 1 hr For intensive silhouette refining. A gel wrap, rich in marine minerals & vitamins, this detoxifies the body, and is ideal for firming slack muscle tone and relieving tired, heavy legs. The ultimate detox! £30.00

Thalgomince Body Contouring Wrap – 1 hr The perfect post-pregnancy/after weight loss treatment to enhance the silhouette and tighten and tone localised areas. Combines rebalancing algae with marine and plant extracts to strengthen the skins elasticity and minimise fatty deposits. Excellent for cellulite. £33.00

Thalgomince Pregnancy Pamper Treatment – 1 hr Combining Marine Algae, Elastin, Wheat Germ Oil and plant extracts to strengthen skin tone and firm, Can be used throughout pregnancy to improve the skins natural elasticity and lessen the appearance of stretch marks. £30.00

Thalgo Facial Treatments All Thalgo treatments start with the Wonderful "Modelage de la Mer" massage to ease tensions.

Re-balancing Facial with Micronized Marine Algae – 1 hr Combining pure natural seaweed, rich in minerals and vitamins with high potency marine extracts, this treatment stabilises and deep cleanses. Its anti-bacterial effect is ideal for combination, oily and problem skin types. £34.00

Oxygen Marine Facial – 1 hr A purifying oxygenating treatment for sallow, sluggish skins, polluted by stress and negative lifestyles. This booster facial incorporates marine and plant proteins to replenish and nourish the skin, resulting in a natural healthy glow. Suitable for all skin types. £34.00

Extreme Comfort Facial – 1 hr A gentle and relaxing heat mask based on lemon verbena to soothe and relieve congestion of fragile, delicate skin. This unique mask is combined with anti-wrinkle extracts for a firming and re-hydrating effect. Ideal for dry/very dry skin types. £36.00

Cold Marine Facial – 1 hr Based on reviving marine and plant extracts, particularly suited to fragile, delicate skin, this treatment incorporates a cool mint mask to reduce redness, refine tighten and relax tension lines. Perfect for sensitive skin prone to blotchiness. £36.00

Hydra-Moisture Source Facial – 1 hr A hydrating moisture treatment using active marine ingredients & vegetal milks combined with a unique mask to combat dehydration, improve skin texture, leaves skin feeling soft and radiant. £36.00

Pure Collagen Velvet Mask Facial – 1 hr Intensive hydration for sun damaged skin, fine lines and wrinkles. With pure native soluble collagen, protein rich extracts and creams, this treatment softens and smoothes the skin and helps maintain moisture balance. The crème de la crème of anti-wrinkle facials. £48.00

Aroma Essential Facial – 1 hr An intensive customised Aromatherapy treatment for total relaxation. Suitable for all skin types. £36.00

Skin Perfecting Microdermabrasion Facial – 1 hr A unique facial which offers the exceptional deep exfoliating properties of microdermabrasion without a machine, combined with a mild chemical peeling that will stimulate cell renewal and regeneration. Recommended as a 6 week course. £48.00

Ocean Facial For Men – 1 hr This hi-tech professional treatment specially designed for men, is based upon relaxing massage movements and the application of a purifying mask. This diffuses all the goodness of the highly energising Algue Bleue Vitale extract directly to the heart of the skin for a de-stress effect. Relaxed and recharged, the skin regains all its energy and balance. £34.00

Sea & Senses Marine Facial Hot & Cold Stone Massage – 1 hr 15 mins An absolute invitation to deep relaxation. Sea & Senses incorporates a massage technique that evokes a floating sensation. The massage is carried out with volcanic and marine stones for a holistic approach using deep circular movements. £42.00



Opening Hours:

Monday – Closed, Tuesday – 9am-8pm, Wednesday – 9am – 5pm, Thursday 9am – 8pm
Friday 9am – 5pm, Saturday 9am – 5pm, Sunday - Closed

GIFT VOUCHERS AVAILABLE

Cancellations: We would appreciate 24 hours notice to change or cancel appointments. All prices include VAT at the current rate.



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